

A H A L I Z A 3

I S M E R V E Ž B Ě

P O V R Š I N S K I I N T E G R A L I

D E F I N I C I J A :

$$\gamma : \underset{\substack{D \subset \mathbb{R}^2}}{\mathbb{R}^2} \rightarrow \mathbb{R}^3 \quad (\mathbb{R}^n)$$

D - O T V O R E N

γ "1-1"

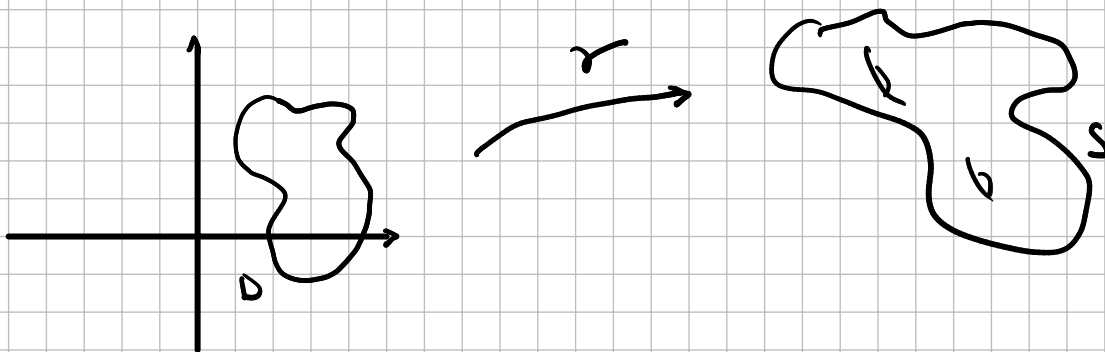
$$\gamma, \frac{\partial \gamma}{\partial u}, \frac{\partial \gamma}{\partial v} \in C(D)$$

$S = \gamma[D]$ J E P A R A M E T R I Z O V A N A P O V R Š

P A R A M E T R I Z A C I J A J E R E G U L A R N A A K O S U

$\frac{\partial \gamma}{\partial u}$ i $\frac{\partial \gamma}{\partial v}$ L I N E Á R N O N E Z Á V I S N Í V E K T O R I .

(T O M Ů Ž E M O P R O V E R N Ě T I K A O $\frac{\partial \gamma}{\partial u} \times \frac{\partial \gamma}{\partial v} \neq 0$)



P R I M E R I :

1) $z = x^2 + y^2 \quad z \leq 4$ P A R A B O L O I D

$x = u \quad y = v \quad z = u^2 + v^2$

$$\frac{\partial \gamma}{\partial u} = (1, 0, 2u)$$

$$\frac{\partial \gamma}{\partial v} = (0, 1, 2v)$$

$$\frac{\partial \gamma}{\partial u} \times \frac{\partial \gamma}{\partial v} = (-2u, -2v, 1) \neq 0$$

PARAMETRIZACIJA DE REGULARNA

MOŽEMO IMATI I DRUGU PARAMETRIZACIJU

$$x = \varrho \cos \varphi \quad y = \varrho \sin \varphi \quad z = \varrho^2$$

$$\gamma_{\varrho} = (\cos \varphi, \sin \varphi, 2\varrho) \quad \gamma_{\varphi} = (-\varrho \sin \varphi, \varrho \cos \varphi, 0)$$

$$\gamma_{\varrho} \times \gamma_{\varphi} = (-2\varrho^2 \cos \varphi, -2\varrho^2 \sin \varphi, \varrho)$$

OVA PARAMETRIZACIJA DE REGULARNA JE $\varrho \neq 0$

2) $z = \frac{1}{2} \sqrt{x^2 + y^2}$ - KONUS

$$x = u \quad y = v \quad z = \frac{1}{2} \sqrt{u^2 + v^2}$$

$$\gamma_u = \left(1, 0, \frac{1}{2} \frac{u}{\sqrt{u^2 + v^2}}\right) \quad \gamma_v = \left(0, 1, \frac{1}{2} \frac{v}{\sqrt{u^2 + v^2}}\right)$$

$$\gamma_u \times \gamma_v = \left(-\frac{1}{2} \frac{v}{\sqrt{u^2 + v^2}}, \frac{1}{2} \frac{u}{\sqrt{u^2 + v^2}}, 1\right) \neq 0$$

PARAMETRIZACIJA DE REGULARNA.

POVRŠINSKI INTEGRAL PRVE VRSTE

VEKTOR NORMALNE NA POVRŠ

$$d\vec{s} = \frac{\partial \gamma}{\partial u} \times \frac{\partial \gamma}{\partial v} du dv$$

$$ds = \|d\vec{s}\| du dv = \left\| \frac{\partial \gamma}{\partial u} \times \frac{\partial \gamma}{\partial v} \right\| du dv$$

RAČUNAMO INTEGRAL

$$\iint_S f ds \quad f: S \rightarrow \mathbb{R}$$

OSOBINE:

1) LINEARNOST

2) ADITIVNOST PO SKUPU

$$3) \forall \xi \in S \quad f(\xi) \leq g(\xi) \Rightarrow \iint_S f ds \leq \iint_S g ds$$

4) TEOREMA O SREDNJOJ VREDNOSTI

$$f \in C(S) \Rightarrow \exists M \in S \quad \iint_S f ds = f(M) P(S)$$

5) POVRŠINA $S \quad P(S) = \iint_S 1 \cdot ds$

← POVRŠINA

$$\textcircled{1} I = \iint_S (x+y+z) \, dS$$

$$S = \{ (x, y, z) \in \mathbb{R}^3 \mid z \geq 0, x^2 + y^2 + z^2 = a^2 \}, \quad a > 0$$

$$x = u$$

$$u, v \in D = \{ x^2 + y^2 \leq a^2 \}$$

$$y = v$$

$$z = \sqrt{a^2 - u^2 - v^2}$$

$$\frac{\partial r}{\partial u} = \left(1, 0, \frac{-u}{\sqrt{a^2 - u^2 - v^2}} \right) \quad r_v = \left(0, 1, \frac{-v}{\sqrt{a^2 - u^2 - v^2}} \right)$$

$$\frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v} = \left(\frac{u}{\sqrt{a^2 - u^2 - v^2}}, \frac{v}{\sqrt{a^2 - u^2 - v^2}}, 1 \right)$$

$$dS = \sqrt{\frac{u^2}{a^2 - u^2 - v^2} + \frac{v^2}{a^2 - u^2 - v^2} + 1} \, du \, dv = \frac{a}{\sqrt{a^2 - u^2 - v^2}} \, du \, dv$$

$$I = \iint_D (u + v + \sqrt{a^2 - u^2 - v^2}) \frac{a}{\sqrt{a^2 - u^2 - v^2}} \, du \, dv$$

$$= a \iint_D \frac{u}{\sqrt{a^2 - u^2 - v^2}} \, du \, dv + a \iint_D \frac{v}{\sqrt{a^2 - u^2 - v^2}} \, du \, dv + a \iint_D du \, dv$$

POLARNE KOORDINATE

$$= a \iint_{\substack{0 \leq \rho \leq a \\ 0 \leq \varphi \leq 2\pi}} \frac{\rho \cos \varphi}{\sqrt{a^2 - \rho^2}} \rho \, d\rho \, d\varphi + a \iint_{\substack{0 \leq \rho \leq a \\ 0 \leq \varphi \leq 2\pi}} \frac{\rho \sin \varphi}{\sqrt{a^2 - \rho^2}} \rho \, d\rho \, d\varphi + a P(D)$$

$$\approx a \int_0^{2\pi} \cancel{\cos \varphi} \, d\varphi \int_0^a \frac{\rho^2 \, d\rho}{\sqrt{a^2 - \rho^2}} + a \int_0^a \frac{\rho^2}{\sqrt{a^2 - \rho^2}} \, d\rho \int_0^{2\pi} \cancel{\sin \varphi} \, d\varphi + \pi a^3$$

$$\boxed{I = \pi a^3}$$

Ako je z funkcija x i y $z = z(x, y)$

možemo uzeti x i y za parametre.

$$\frac{\partial r}{\partial x} = \left(1, 0, \frac{\partial z}{\partial x} \right)$$

$$\frac{\partial r}{\partial y} = \left(0, 1, \frac{\partial z}{\partial y} \right)$$

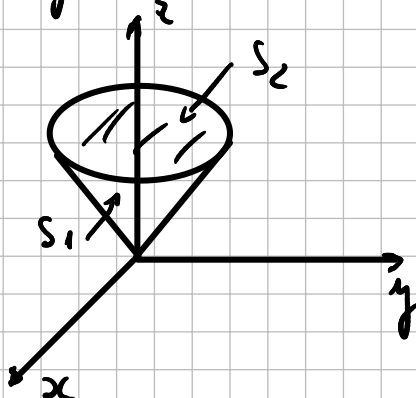
$$\frac{\partial r}{\partial x} \times \frac{\partial r}{\partial y} = \left(-\frac{\partial z}{\partial x}, -\frac{\partial z}{\partial y}, 1 \right) \quad dS = \sqrt{1 + \left(\frac{\partial z}{\partial x} \right)^2 + \left(\frac{\partial z}{\partial y} \right)^2} \, dx \, dy$$

②

$$\iint_S (x^2 + y^2) \, dS$$

$$S = \partial T \quad (\text{r.v.B. T.E.L.A. T})$$

$$T: \sqrt{x^2 + y^2} \leq z \leq 1$$



$$S_1 = \text{cone}$$

$$S_2 = \text{base}$$

$$S = S_1 \cup S_2$$

$$\iint_S (x^2 + y^2) \, dS = \iint_{S_1} (x^2 + y^2) \, dS + \iint_{S_2} (x^2 + y^2) \, dS$$

$$\underline{\underline{S_1}}: \quad z = \sqrt{x^2 + y^2}$$

$$\frac{\partial z}{\partial x} = \frac{x}{\sqrt{x^2 + y^2}}$$

$$\frac{\partial z}{\partial y} = \frac{y}{\sqrt{x^2 + y^2}}$$

$$dS = \sqrt{1 + \frac{x^2}{x^2 + y^2} + \frac{y^2}{x^2 + y^2}} \, dx \, dy = \sqrt{2} \, dx \, dy$$

$$\iint_{S_1} (x^2 + y^2) \, dS = \iint_D (x^2 + y^2) \sqrt{2} \, dx \, dy =$$

$$D: x^2 + y^2 \leq 1$$

$$= \iint_D \rho^2 \sqrt{2} \, d\rho \, d\varphi = \sqrt{2} \int_0^1 \rho^3 \, d\rho \int_0^{2\pi} d\varphi =$$

$$0 \leq \rho \leq 1$$

$$0 \leq \varphi \leq 2\pi$$

$$= \sqrt{2} \left[\frac{1}{4} \rho^4 \right]_0^1 \left[\varphi \right]_0^{2\pi} = \sqrt{2} \frac{1}{4} 2\pi = \frac{\pi \sqrt{2}}{2}$$

$$\underline{\underline{S_2}}$$

$$z = 1$$

$$\frac{\partial z}{\partial x} = 0$$

$$\frac{\partial z}{\partial y} = 0$$

$$dS = dx \, dy$$

$$\iint_{S_2} (x^2 + y^2) \, dS = \iint_D (x^2 + y^2) \, dx \, dy = \dots = \frac{\pi}{2}$$

$$\iint_S (x^2 + y^2) \, dS = \frac{\pi \sqrt{2}}{2} + \frac{\pi}{2} = \frac{\pi}{2} (\sqrt{2} + 1)$$

$$(3) \quad I = \iint_S z \, dS$$

$$S: \quad x = u \cos v \quad u \in [0, 2\pi]$$

$$y = u \sin v \quad v \in [0, a]$$

$$z = v$$

$$\frac{\partial r}{\partial u} = (\cos v, \sin v, 0)$$

$$\frac{\partial r}{\partial v} = (-u \sin v, u \cos v, 1)$$

$$\frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v} = (\sin v, -\cos v, u)$$

$$dS = \sqrt{\sin^2 v + \cos^2 v + u^2} \, du \, dv = \sqrt{1+u^2} \, du \, dv$$

$$I = \iint_S z \, dS = \iint_{\substack{0 \leq u \leq 2\pi \\ 0 \leq v \leq a}} v \sqrt{1+u^2} \, du \, dv =$$

$$= \int_0^a v \, dv \int_0^{2\pi} \sqrt{1+u^2} \, du = \frac{1}{2} v^2 \Big|_0^a \left(\frac{u}{2} \sqrt{u^2+1} + \frac{1}{2} \log|u+\sqrt{u^2+1}| \right) \Big|_0^{2\pi}$$

$$= \frac{1}{2} a^2 \left(\pi \sqrt{\pi^2+1} + \frac{1}{2} \log(2\pi + \sqrt{4\pi^2+1}) \right)$$

(4) ОДРЕДИТИ ПОВРШИНУ ОДНОТАЧНОГ ТЕЛА
ОГРАНИЧЕНОГ ПОВРШИНА.

$$S_1: \quad z = 1 + x^2 + y^2$$

(ПАРАБОЛОИД)

$$S_2: \quad z = \sqrt{4x^2 + 4y^2}$$

(КОНИС)

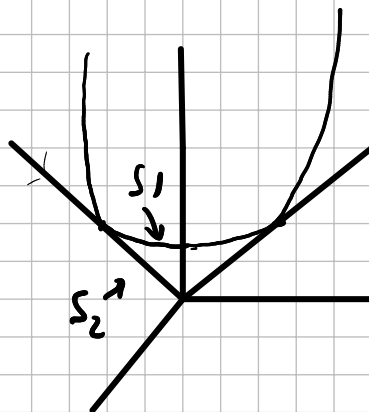
ТРАЖИТИ ПРЕСЕК ОВИХ ПОВРШИ

$$S_2 \rightarrow z = 2\sqrt{x^2+y^2} \quad x^2+y^2 = \frac{z^2}{4}$$

$$z = 1 + \frac{z^2}{4} \quad / 4$$

$$z^2 - 4z + 4 = 0$$

$$z = 2$$



$$P(S) = P(S_1) + P(S_2) = \iint_{S_1} dS + \iint_{S_2} dS$$

S_1 :

$$z = 1 + x^2 + y^2$$

$$\frac{\partial z}{\partial x} = 2x$$

$$\frac{\partial z}{\partial y} = 2y$$

$$dS = \sqrt{1 + 4x^2 + 4y^2} \, dx \, dy$$

$$P(S_1) = \iint_{S_1} dS = \iint_D \sqrt{1 + 4(x^2 + y^2)} \, dx \, dy$$

$$D = \text{проекция } K \text{ на } Oxy$$

$$x^2 + y^2 \leq 1 \quad (\text{проекция } K \text{ на } Oxy)$$

$$= \iint_{\substack{0 \leq \rho \leq 1 \\ 0 \leq \varphi \leq 2\pi}} \sqrt{1 + 4\rho^2} \, \rho \, d\rho \, d\varphi = \int_0^{2\pi} d\varphi \int_0^1 \sqrt{1 + 4\rho^2} \, \rho \, d\rho =$$

СМЕЧА:

$$1 + 4\rho^2 = t^2$$

$$8\rho \, d\rho = 2t \, dt$$

$$\frac{\rho}{t} \bigg|_1^{\sqrt{5}} = \frac{1}{1} \bigg|_1^{\sqrt{5}}$$

$$= \varphi \bigg|_0^{2\pi} \int_1^{\sqrt{5}} t \cdot \frac{1}{4} t \, dt = 2\pi \cdot \frac{1}{4} \cdot \frac{1}{3} t^3 \bigg|_1^{\sqrt{5}} =$$

$$= \frac{\pi}{6} (5\sqrt{5} - 1)$$

S_2 :

$$z = \sqrt{4x^2 + 4y^2}$$

$$\frac{\partial z}{\partial x} = \frac{4x}{\sqrt{4x^2 + 4y^2}}$$

$$\frac{\partial z}{\partial y} = \frac{4y}{\sqrt{4x^2 + 4y^2}}$$

$$dS = \sqrt{1 + \frac{16x^2}{4x^2 + 4y^2} + \frac{16y^2}{4x^2 + 4y^2}} \, dx \, dy$$

$$dS = \sqrt{5} \, dx \, dy$$

$$P(S_2) = \iint_{S_2} dx \, dy = \iint_D \sqrt{5} \, dx \, dy = \sqrt{5} P(D) = \sqrt{5} \pi$$

$$P(S) = P(S_1) + P(S_2)$$

$$P(S) = \frac{\pi}{6} (5\sqrt{5} - 1) + \sqrt{5} \pi = \frac{\pi}{6} (11\sqrt{5} - 1)$$

POVRŠINSKI INTEGRAL DRUGE VASTE

$F = (P, Q, R)$ - VEKTORSKO POLJE

$$\iint_{S^+} \vec{F} \cdot d\vec{S} = \iint_D (P, Q, R) \cdot \left(\frac{\partial \vec{r}}{\partial u} \times \frac{\partial \vec{r}}{\partial v} \right) du dv$$

OVDE JE ZA NAZNAKU OD INTEGRALA PRVE VASTE BITNA ORIENTACIJA

VAŽE LINEARNOST I ADITIVNOST PO SKUPU.

$$\iint_{S^+} \vec{F} \cdot d\vec{S} = \iint_{S^+} P dy dz + Q dz dx + R dx dy$$

①

$$\vec{F} = (x, y, z)$$

$$S: x^2 + y^2 + z^2 = a^2$$

SPOLJNA STRANA

$$\iint_S \vec{F} \cdot d\vec{S} = ?$$

PARAMETRIZACIJA
NJE REGULARNA KADA
JE $v \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right)$

PARAMETRIZUJEMO SFERU

$$x = a \cos u \cos v$$

$$u \in [0, 2\pi]$$

$$y = a \sin u \cos v$$

$$v \in \left[-\frac{\pi}{2}, \frac{\pi}{2}\right]$$

$$z = a \sin v$$

ZAŠTO OVO
NIJE
UTIJE NA
RAČUN
INTEGRALA?

$$\frac{\partial \vec{r}}{\partial u} = (-a \sin u \cos v, a \cos u \cos v, 0)$$

$$\frac{\partial \vec{r}}{\partial v} = (-a \cos u \sin v, -a \sin u \sin v, a \cos v)$$

$$\frac{\partial \vec{r}}{\partial u} \times \frac{\partial \vec{r}}{\partial v} = (a^2 \cos u \cos^2 v, a^2 \sin u \cos^2 v, a^2 \sin v \cos v)$$

$$= a \cos v (a \cos u \cos v, a \sin u \cos v, a \sin v)$$

$$= a \cos v \vec{F}$$

$$\vec{F} \cdot d\vec{S} = \vec{F} \cdot a \cos v \vec{F} = a \cos v \|\vec{F}\|^2 = a^3 \cos v$$

$$\sqrt{\vec{F} \cdot \vec{F}} = \|\vec{F}\|$$

$$\|\vec{F}\| = a \quad \text{— SFERNA —}$$

$$\iint_S \vec{F} \cdot d\vec{S} = \iint_{\substack{0 \leq u \leq 2\pi \\ -\frac{\pi}{2} \leq v \leq \frac{\pi}{2}}} a^3 \cos v du dv = a^3 \int_0^{2\pi} du \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \cos v dv = \boxed{4\pi a^3}$$

② $\iint_S dx dy$

S : SPOLJNA STRANA SFERE $x^2 + y^2 + z^2 = 1$

HOĆEMO DA PROJEKTUJEMO NA RAVAN $z=0$,
PA SFERU DELIMO NA GORNJU I DONJU POLUVIHU
GDE JE z FUNKCIJA x I y .

$$I = \iint_S dx dy = \iint_{S_1} dx dy + \iint_{S_2} dx dy$$

PROJEKCIJA JE $D: x^2 + y^2 \leq 1$

VODIMO RAČUNA O ORIJENTACIJI. POZITIVNA
JE AKO VEKTOR NORMALA NA PVRŠINU OŠTAR
UGAO SA Z-OSOM, A NEGATIVNA AKO JE UGLO
TUP.

$$\iint_S dx dy = + \iint_D dx dy - \iint_D dx dy = 0$$

↑
NEGATIVNA ORIJENTACIJA
NA DONJOJ POLUSFERI

SPECIJALNO AKO JE z FUNKCIJA x I y

$$S = \{ (x, y, z(x, y)) \mid (x, y) \in D \}$$

$$\begin{aligned} \iint_S \vec{F} \cdot d\vec{S} &= \iint_S P dy dz + Q dz dx + R dx dy = \\ &= \iint_D \left(-\frac{\partial z}{\partial x} P - \frac{\partial z}{\partial y} Q + R \right) dx dy \end{aligned}$$

③ $\iint_S (y \cdot z) dy dz + (z \cdot x) dz dx + (x \cdot y) dx dy$

$$S: x^2 + y^2 = z^2, \quad 0 \leq z \leq 1$$

z OVDJE JE STE FUNKCIJA

$$z = \sqrt{x^2 + y^2} \quad x^2 + y^2 \leq 1 : D$$

$$P = y - z \quad Q = z - x \quad R = x - y$$

$$\frac{\partial z}{\partial x} = \frac{x}{\sqrt{x^2 + y^2}} \quad \frac{\partial z}{\partial y} = \frac{y}{\sqrt{x^2 + y^2}}$$

$$\iint_S \vec{F} \cdot d\vec{S} = \iint_D \left(\frac{-x}{\sqrt{x^2 + y^2}} (y - \sqrt{x^2 + y^2}) - \frac{y}{\sqrt{x^2 + y^2}} (\sqrt{x^2 + y^2} - x) + (x - y) \right) dx dy$$

$$= \iint_D \left(\cancel{\frac{-xy}{\sqrt{x^2 + y^2}}} + x - y + \cancel{\frac{xy}{\sqrt{x^2 + y^2}}} + x - y \right) dx dy$$

$$= 2 \iint_D (x - y) dx dy = \dots = 0$$

④ НАЋИ ФЛУКС ВЕКТОРСКОГ ПОЛJA $\vec{F} = (x^2, y, z^2)$ КРОЗ СПОЛJНУ СТРАЛУ СФЕРЕ:

$$S: (x-a)^2 + (y-b)^2 + (z-c)^2 = R^2$$

$$\iint_S \vec{F} \cdot d\vec{S} = \iint_S x^2 dy dz + y^2 dz dx + z^2 dx dy =$$

УВОДИМО СМЕНУ

$$\begin{cases} X = x - a \\ Y = y - b \\ Z = z - c \end{cases} \quad S_1: X^2 + Y^2 + Z^2 = R^2$$

$$= \iint_{S_1} (X+a)^2 dY dZ + (Y+b)^2 dZ dX + (Z+c)^2 dX dY$$

$$= \underbrace{\iint_{S_1} (X+a)^2 dY dZ}_{I_1} + \underbrace{\iint_{S_1} (Y+b)^2 dZ dX}_{I_2} + \underbrace{\iint_{S_1} (Z+c)^2 dX dY}_{I_3}$$

$$I_3 = \iint_{S_1} (Z+c)^2 dX dY$$

КАКО З НАЈЕ ЕФЕКЦИЈА НА СЕЛОЈ СФЕРИ
МОРАМО ЈЕ ПОДЕЛИТИ НА ГОРЊУ S_1' И ДОЊУ S_1''
ПОЛУСФЕРУ.

$$I_3 = \iint_{S_1'} (z+c)^2 dx dy + \iint_{S_1''} (z+c)^2 dx dy$$

$$\text{На } S_1' \quad \text{же} \quad z = \sqrt{R^2 - x^2 - y^2}$$

$$\text{На } S_1'' \quad \text{же} \quad z = -\sqrt{R^2 - x^2 - y^2}$$

Рассмотрим на плоскости $z=0$ же

$$D: x^2 + y^2 \leq R^2$$

$$I_3 = \iint_D (c + \sqrt{R^2 - x^2 - y^2})^2 dx dy - \iint_D (c - \sqrt{R^2 - x^2 - y^2})^2 dx dy$$

↑
из-за ориентации

$$= \iint_D (\cancel{c^2} + 2\sqrt{R^2 - x^2 - y^2}c + \cancel{R^2 - x^2 - y^2} - \cancel{c^2} + 2\sqrt{R^2 - x^2 - y^2}c - \cancel{R^2 - x^2 - y^2}) dx dy$$

$$= 4c \iint_D \sqrt{R^2 - x^2 - y^2} dx dy$$

← ПОЛЯРНЫЕ
КООРДИНАТЫ

$$= 4c \iint_{\substack{0 \leq \varphi \leq 2\pi \\ 0 \leq \rho \leq R}} \sqrt{R^2 - \rho^2} \rho d\rho d\varphi$$

$$= 4c \int_0^{2\pi} d\varphi \int_0^R \sqrt{R^2 - \rho^2} \rho d\rho = \int_{\substack{R^2 - \rho^2 = t^2 \\ -2\rho d\rho = 2t dt \\ \rho \mid 0 \mid R \\ t \mid R \mid 0}}$$

$$= 4c \varphi \Big|_0^{2\pi} \int_0^R t^2 dt$$

$$= 4c \cdot 2\pi \cdot \frac{1}{3} t^3 \Big|_0^R = \frac{8}{3} \pi c R^3$$

Имеет симметричные выражения (или расчитываем)

Можно заметить, что же

$$I_1 = \frac{8}{3} \pi a R^3$$

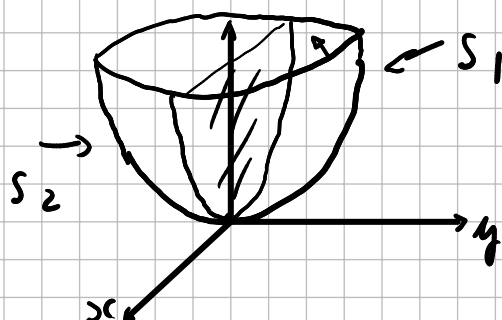
$$I_2 = \frac{8}{3} \pi b R^3$$

$$I = I_1 + I_2 + I_3 = \boxed{\frac{8}{3} \pi R^3 (a + b + c)}$$

⑤ $I = \iiint_S y dz dx$

S - GORNJA STRANA PARABOLOIDA

$$z = x^2 + y^2 \quad 0 \leq z \leq 2$$



KAKO PROJEKTOVAMO NA RAVAN $y=0$ ($dz dx$)
MORAMO PODELITI NA DELOVE GDE JE y FUNKCIJA
OD x I z .

$$S_1 = S \cap \{y \geq 0\}$$

$$S_2 = S \cap \{y \leq 0\}$$

NA S_1 JE $y = \sqrt{z-x^2}$ I ORIJENTACIJA JE "-"
JEK JE TUP VGAO NORMALA SA y -OSOM.

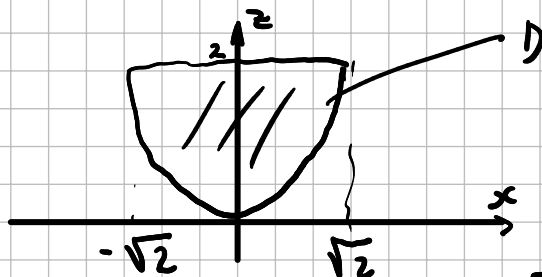
NA S_2 JE $y = -\sqrt{z-x^2}$ I ORIJENTACIJA JE "+".

$$\iint_S y \, dz \, dx = \iint_{S_1} y \, dz \, dx + \iint_{S_2} y \, dz \, dx$$

$$= - \iint_D \sqrt{z-x^2} \, dz \, dx + \iint_D -\sqrt{z-x^2} \, dz \, dx$$

$$= -2 \iint_D \sqrt{z-x^2} \, dz \, dx$$

D : PROJEKCIJA NA RAVAN $y=0$



$$I = -2 \iint_D \sqrt{z-x^2} \, dz \, dx = -2 \int_{-\sqrt{2}}^{\sqrt{2}} \int_{x^2}^2 \sqrt{z-x^2} \, dz \, dx =$$

$$= -2 \int_{-\sqrt{2}}^{\sqrt{2}} \left. \frac{2}{3} (z-x^2)^{\frac{3}{2}} \right|_{x^2}^2 dx = -\frac{4}{3} \int_{-\sqrt{2}}^{\sqrt{2}} (2-x^2)^{\frac{3}{2}} dx = \dots = -2\pi$$